

Alpine County Mental Health Advisory Board

March 24, 2022 (via Zoom)

Meeting Minutes

MEMBERS PRESENT

Rita Lovell, Vice Chair (facilitator)
Jane Sweeney, Member
Becky Thornburg, Member
Kate Harvey, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Dale Bennett, Member
Becky DeForest, Member
VACANT, Chair



Other Attendees/Guests:

Richard Kuhns, BHS Director
Katie Johnston, BHS Employee
Dawn Riddle, BHS Employee

1. Call to order regular meeting:

The meeting was called to order at 12:02pm

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. 3 minutes per person respectively.

a. None

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

a. Discussion with Possible Action: Request Approval of 10/28/21 regular meeting minutes. A motion was made and seconded.

MOTION: Jane Sweeney

SECOND: Kate Harvey

Ayes: Rita Lovell, Becky Thornburg, Kate Harvey, Jane Sweeney

Nays: None

Abstained: None

MOTION CARRIED

4. Unfinished Business

- a. Discussion with Possible Action: By-Laws review – possibly revise/update By-Laws
- Rita provided an update regarding the meeting held with County Counsel to review the suggested revisions. There was confusion as to what exactly had been changed.
 - Members requested the by-laws be sent out to members, but include the “tracked changed” showing what exactly had been revised.

ACTION STEP: Teri McAlpin will send out the revised by-laws, including the tracked changes (red lines, cross-outs) so that members can see what exactly was revised.

ACTION STEP: This item will be carried over to the next agenda for discussion and possible action.

5. New Business

- a. Discussion with Possible Action: Review template for 2022 MHB Meeting Calendar
 - i. A motion was made and seconded to approve the calendar.

MOTION: Jane Sweeney
SECOND: Becky Thornburg
Ayes: Rita Lovell, Becky Thornburg, Kate Harvey, Jane Sweeney
Nays: None
Abstained: None
MOTION CARRIED
- b. Discussion with Action Required: Remote teleconference meetings pursuant to Brown Act provisions during declared public emergencies
 - i. Member discussed the possibility of meeting in a hybrid setting (in-person and via zoom)
 1. A hybrid setup may make it easier to meet a quorum
 2. This would allow people to join the meeting as they are comfortable

A motion was made to move to a hybrid set up for meetings and seconded.
MOTION: Becky Thornburg
SECOND: Jane Sweeney
Ayes: Rita Lovell, Becky Thornburg, Kate Harvey, Jane Sweeney
Nays: None
Abstained: None
MOTION CARRIED

6. ACBHS Director Report – Richard Kuhns, BHS Director

- a. BHS Director Status Update
 - i. Richard introduced himself to the members and provided an overview of his background, education and experience
 - ii. Richard reported that he does not anticipate making any big changes within BHS in the first 3 months, but he will be observing and making small changes as needed. He will work with the CAO and County regarding any plans for BHS.
- b. Clinical Supervision Status Update
 - i. Richard reported he will not make a decision about this position at this time; he prefers to observe BHS more and obtain further information
- c. Fiscal & Administrative Supervisor Update
 - i. Richard reported he will not make a decision about this position at this time; he prefers to observe BHS more and obtain further information
- d. Audit(s) Update
 - i. Not discussed at this time.
 - ii. This item will be carried over to the next agenda

- e. MHSA Annual Update – IDEA Consulting Involvement
 - i. Dawn reported that BHS has contracted with IDEA to facilitate the drafting and data collection for the 2022-2023 Annual Update
 - ii. Stakeholder meetings have been scheduled and are in process; community members and other stakeholders have been providing input and ideas

7. Board Member Reports

- a. Rita Lovell (Vice Chair)
 - 1. It has been an incredibly busy year in the library with hiring and training staff
 - 2. More interviews are scheduled in April for the museum and the library
 - 3. Programs are coming back in-person.
 - 4. There will be a Teddy Bear Parade in Bear Valley and in Markleeville this year
- b. Becky DeForest
 - i. Not present
- c. Becky Thornburg
 - i. Becky stated she does not have anything to report at this time
- d. Dale Bennett
 - i. Not present
- e. Jane Sweeney
 - i. Jane reported that she looks forward to in-person meetings
 - ii. Jane will be attending the Suicide Prevention training in Gardnerville where she was asked to run a grief group`
- f. Kate Harvey
 - i. Kate reported she attended a zoom meeting for the California BHBC for new members regarding how to be an effective member of the Board
 - 1. The meeting reviewed the Brown Act
 - 2. This was a review for Kate, but very helpful
 - 3. Kate reviewed the tasks expected of a Mental Health Board
- g. Irvin Jim (BOS Supervisor Liaison)
 - i. Not present

8. Adjournment 12:39pm

The next scheduled meeting will be held on April 28, 2022, in person in the Community Room at BHS, and on Zoom for those who are not able to attend in person.

*Minutes drafted by: Teri McAlpin
Fiscal & Technical Specialist
Alpine County Behavioral Health Services*

Signature: Rita Lovell, Vice Chair – facilitator
Mental Health Advisory Board
Approval Signature Date: _____